

# 2025 HERMANN SONS LIFE CAMP INFORMATION



Hermann Sons Life Camp (HSLC) operates a coed sleepaway camp for children aged 7-14 in the beautiful Hill Country of Texas. Our goal is to provide our campers with the most safe, caring and enjoyable summer camp experience possible.

We offer an elective free-choice summer camp program for our campers with more than 25 daily activities ranging from canoeing to field sports, high rope adventure activities to crafts. There's something for everyone! Three different sessions are offered:

## ONE-WEEK PROGRAM

*Campers ages 8-14 (as of Sept. 1, 2025)*

Our traditional one-week program runs from Sunday afternoon through Saturday morning.

Campers within two years of age from each other are assigned to dorms.

## MINI-CAMP PROGRAM

*Campers aged 7-9 (as of Sept. 1, 2025)*

Ideal for first-time campers, this three-night session gives first-time campers the chance to experience all the fun of camp without being away from home an entire week. It is a free-choice, activity-based program featuring the best of the daily and evening activities.

## TEN-NIGHT PROGRAM

*Campers aged 8-14 (as of Sept. 1, 2025)*

This extended session allows campers the opportunity to develop deeper bonds and friendships with their fellow campers and staff. Campers also get more choice and freedom in the selection of their activities.

Electives will change daily. After-dinner activities will include camper favorites like game night, the dance, capture-the-flag and other fun activities.

Campers will be given time to decompress over the weekend with sleep-ins, brunch and a fun water carnival.

## MORNING ACTIVITIES

Every morning campers participate in three activities. During registration on CampBrain, you will select six activities. Before your child attends camp, your child will be assigned three out of these six activities.

## AFTERNOON ELECTIVES

Campers choose their afternoon electives on a daily basis. Many of the morning activities are offered within the elective program.

Crafts are held every afternoon. Projects include lanyards, friendship bracelets, beading, ceramics, leathercrafts and tie dye.

Other activities offered include dodgeball, frisbee, mosaics, Magic: the Gathering games, improv classes, line dancing, martial arts, scavenger hunts, color guard (flags), hiking, manis and pedis, Gaelic football, netball, cricket, fishing, kayaking, golf, zip line, giant swing, climbing and more!



## DAILY ACTIVITIES

### Adventures in Nature

Archery

Baseball

Basketball

### Canoeing & Kayaking

Challenge Course

Cheerleading

Climbing

Court Hockey

Dance

Drama

Fishing

Flag Football

Free Swim

Ga-Ga

Golf

### Outdoor Living Skills

Rec Games

Riflery

Rocketry

Sand Volleyball

Soccer

Softball

Tennis

Tumbling

Twirling

**JOIN US FOR CAMP OPEN HOUSE ON JUNE 7! 9:30 TO 1:30 - TOURS, ACTIVITIES, LUNCH**

## EVENING ACTIVITIES

The highlight of the day for many campers is the evening activity. While the evening activities change each week, two activities are the cornerstones of the week – Game Night and the dance.

Enthusiasm is key, and our campers and counselors bring it every night!

### SUNDAY

Pool, Gaga, kickball, campfire with s'mores

### MONDAY

The Big Brown Bag

### TUESDAY

Game night

### WEDNESDAY

Capture the Flag and pool party

### THURSDAY

Dance

### FRIDAY

Bragging rights, redneck water park, lip sync, award ceremony



## CAMP DINING

Hermann Sons Life Camp provides three meals and two snack daily. In addition, there is always fresh fruit available in the dining hall.

We are proud of the food we offer our campers and staff. A wonderful salad bar is provided at lunch and dinner.

All kitchen staff members have ServSafe food handling certification.

While we do not typically cater to special dietary needs, call Executive Camp Director Ian Brassett at 830-995-3223 to see if we can accommodate your child's needs.

### FANCY FRIDAYS

Hawaiian shirt (optional)

- Sleep in an extra HOUR!
- French fryday breakfast
- Bragging rights in the morning
- Redneck water park in the afternoon

## SAMPLE CAMP MENU

|                         | Sunday  | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday  |
|-------------------------|---|--|--|--|--|--|---|
| <b>BREAKFAST</b>        |   | Scrambled Eggs                                   | Pancakes/Syrup                                   | Biscuits and Gravy                               | Waffles/ Syrup                                   | French Toast/Syrup                               | Cinnamon Rolls  |
|                         |   | Hashbrown BF Cubes                               | Sausage Patty                                    | Sausage Links                                    | Lil' Smokies                                     | Bacon  | Muffins/ Donuts   |
|                         |   | Assorted Cereals, Yogurt, Fresh Fruit, Cut Fruit | Assorted Cereals, Yogurt, Fresh Fruit, Cut Fruit | Assorted Cereals, Yogurt, Fresh Fruit, Cut Fruit | Assorted Cereals, Yogurt, Fresh Fruit, Cut Fruit | Assorted Cereals, Yogurt, Fresh Fruit, Cut Fruit | Assorted Cereals, Yogurt, Fresh Fruit, Cut Fruit  |
| <b>LUNCH</b>            |   | Grilled Cheese<br>Tomato Soup                    | Chicken Nuggets<br>Mac & Cheese                  | Chinese  | Hot Dogs   | Chicken Tenders                                  | <b>SALAD BAR</b><br>Iceberg lettuce<br>Cucumber (Sliced Thin)<br>Cherry Tomatoes<br>Sliced Onion<br>Croutons<br>Tuna Fish<br>Pickled Beets<br>Tofu<br>Baby Carrots<br>Kidney Beans<br>Chick Peas<br>Shredded Cheese<br>Ranch Dressing<br>Italian Dressing |
|                         |   | Oyster Crackers                                  | Dinner Rolls/ Corn Bread                         | Fried White Rice                                 | Baked Beans                                      | Green Beans                                      |   |
|                         |   | Salad Bar, Fruit Bowl, PB&Js                     | Salad Bar, Fruit Bowl, PB&Js                     | Salad Bar, Fruit Bowl, PB&Js                     | Salad Bar, Fruit Bowl, PB&Js                     | Salad Bar, Fruit Bowl, PB&Js                     |   |
| <b>DESSERT</b>          |   | Chocolate Pudding                                | Jello  | Fortune Cookie                                   | Banana Pudding                                   | Bomb Pops  |   |
| <b>DINNER</b>           | Spaghetti & Meatballs                           | Chicken Wings                                    | Ground Beef Tacos                                | Hamburgers                                       | Pizza  | Baked Ziti                                       |   |
|                         | Garlic Bread                                    | Carrot & Celery Sticks                           | Hard Shells                                      | Corn on the Cobb                                 | Cheese Bread                                     | Garlic Bread                                     |   |
|                         | Salad Bar, Fresh Fruit, PB&Js, Assorted Cereals | Salad Bar, Fresh Fruit, PB&Js, Assorted Cereals  | Salad Bar, Fresh Fruit, PB&Js, Assorted Cereals  | Salad Bar, Fresh Fruit, PB&Js, Assorted Cereals  | Salad Bar, Fresh Fruit, PB&Js, Assorted Cereals  | Salad Bar, Fresh Fruit, PB&Js, Assorted Cereals  |   |
| <b>DESSERT</b>          | Ice Cream Cup                                   | Watermelon                                       | Churros  | Mandarin Oranges                                 | Watermelon                                       | Ice Cream Cup                                    |   |
| <b>AFTERNOON SNACK</b>  |   | Ice Pops   | Fruit Roll-ups                                   | Ice Pops   | Fruit Roll-Ups                                   | Ice Pops   | <b>DRINKS</b><br><b>Breakfast</b><br>OJ & Apple Juice<br>Coffee & Hot Tea<br><b>Lunch</b><br>Iced Tea & Punch<br><b>Dinner</b><br>Iced Tea & Punch  |
| <b>NIGHT TIME SNACK</b> | Gold Fish                                       | Animal Crackers                                  | Popcorn at Game Night                            | Cheez-Its  | Cookies at Dance                                 | S'Mores  |   |
|                         |   |  |  |  |  |  |   |
|                         |   |  |  |  |  |  |   |

**TOURS HELD THROUGHOUT THE YEAR! CONTACT IAN AT 830-995-3223**

## DORMS

Campers live in spacious, air-conditioned, same gender dorms with up to 35 campers and five counselors in each cabin.

Each dorm has five showers, five private stalls and five sinks. Showers are in individual stalls complete with changing area to ensure the camper's privacy.

## ACTIVE SUPERVISION

Campers are supervised at all times. Highly trained staff stay in the dorms with the campers and are present whenever campers have scheduled down-time in the dorm. While counselors sleep in the main dorm, they have a separate counselor room where they shower.

## DORM STAFF

The dorm staff to camper ratio follows the American Camp Association ratio requirements. All staff undergo criminal background checks, are interviewed by the executive camp director and their names are cross-referenced with the National Sex Offender Public Website (NSOPW).

All staff members participate in an online staff development program prior to their arrival to camp as well as on-site staff development training.

All staff members must also participate in and successfully complete a Child Abuse Awareness and Prevention Training program.

More than 90% of the counselors are former Hermann Sons Life Camp campers and Counselors-in-Training (CITs). **The dorm counselors are a vital component of the camp program.**

## SENIOR STAFF

In addition to dorm staff, each dorm is supervised by an experienced, returning staff member called a senior counselor. The senior counselor's job is to supervise the dorm counselors and ensure the campers are having a fun, safe summer camp experience both within their dorms and at their activities.



## DAILY SCHEDULE

While it is important to keep campers busy from morning till night, the daily schedule provides dorm time where the magic of making friends really takes place!

Schedules are adjusted during inclement weather or extreme hot weather days so rest-periods and cabin time can be extended.

| CAMP DAILY SCHEDULE     |                       |
|-------------------------|-----------------------|
| Time Schedule           | Daily                 |
| 7:15 - 7:40 a.m.        | Wake-Up               |
| 7:45 - 8:25 a.m.        | Breakfast             |
| 8:30 - 8:50 a.m.        | Clean for Ice Cream   |
| 8:50 - 9 a.m.           | Flagpole              |
| 9 a.m. - 10 a.m.        | Activity One          |
| 10:05 a.m. - 11:05 a.m. | Activity Two          |
| 11 am - 11:15 a.m.      | Punch Break           |
| 11:10 a.m. - 12:15 a.m. | Activity Three        |
| 12:15 p.m. - 12:25 p.m. | Cabin Time            |
| 12:10 p.m. - 1:10 p.m.  | Lunch                 |
| 1:15 p.m. - 2 p.m.      | Canteen or Relaxation |
| 1 p.m. - 3 p.m.         | Rest Period           |
| 3 p.m. - 3:10 p.m.      | Flagpole              |
| 3:10 p.m. - 4 p.m.      | Elective One          |
| 4 p.m. - 4:15 p.m.      | Snack Break           |
| 4:15 p.m. - 5:15 p.m.   | Elective Two          |
| 6:30 p.m. - 7 p.m.      | Cabin Time            |
| 7 p.m. - 7:15 p.m.      | Flagpole              |
| 7:15 p.m. - 8:45 p.m.   | Evening Activity      |
| 8:45 p.m. - 9 p.m.      | Snack Break           |
| 9 p.m. - 9:15 p.m.      | Grateful Circle       |
| 9:15 p.m. - 10:15 p.m.  | Showers               |
| 10:15 p.m.              | Lights Out            |

**FOLLOW HERMANN SONS LIFE SOCIAL MEDIA FOR CAMP ZOOM MEETING INFO!**

# REGISTRATION

To register for Hermann Sons Life Camp 2025, visit [hermannsonslife.org](http://hermannsonslife.org) at a new password.

Information on returning campers is already stored in the new CampBrain registration system. You will use the email address used in the previous system and cre-

Please review all information for accuracy.

New campers will need to create an account with a username and password and provide all required information by following the system prompts.

## 2025 CAMP SESSION SCHEDULE

| SESSION          | DATES             | THEME             | AGE as of 9/1/25 | Members Price | Non-Members |
|------------------|-------------------|-------------------|------------------|---------------|-------------|
| Session #1       | 6-15-25 – 6-21-25 | Texas             | 8-14             | \$595         | \$995       |
| Session #1 CIT-1 | 6-15-25 – 6-21-25 |                   | 15               | \$320         |             |
| Ten-Day Program  | 6-22-25 – 7-2-25  | Marvel/ Disney    | 8-14             | \$995         | \$1,495     |
| Session #2       | 7-6-25 – 7-12-25  | Hawaiian          | 8-14             | \$595         | \$995       |
| Session #2 CIT-2 | 7-6-25 – 7-12-25  |                   | 16               | \$320         |             |
| Session #3       | 7-13-25 – 7-19-25 | Red, White & Blue | 8-14             | \$595         | \$995       |
| Session #3 CIT-1 | 7-13-25 – 7-19-25 |                   | 15               | \$320         |             |
| Session #4       | 7-20-25 – 7-26-25 | Halloween         | 8-14             | \$595         | \$995       |
| Session #4 CIT-2 | 7-20-25 – 7-26-25 |                   | 16               | \$320         |             |
| Session #5       | 7-27-25 – 8-2-25  | Neon              | 8-14             | \$595         | \$995       |
| Session #5 CIT-1 | 7-27-25 – 8-2-25  |                   | 15               | \$320         |             |
| Mini-Camp        | 8-3-25 – 8-6-25   | Christmas         | 7-9              | \$320         | \$520       |

### QUESTIONS?

Hermann Sons Life Camp provides campers with wonderful memories that last a lifetime.

If you have any questions, please do not hesitate to call:

**Executive Camp**

**Director**

**Ian Brassett**

**830-995-3223**

**or email:**

**[ianb@hermannsonslife.org](mailto:ianb@hermannsonslife.org)**

